



## Restorative Practices in Schools:

### A parent & carer seminar

Restorative Practices in schools is about managing the relationships across the school community with processes and techniques that help to build, maintain, deepen, and repair relationships. One of the many benefits of this approach is the development of resilience and conflict navigation skills – both of which influence our wellbeing.

Schools embracing this philosophy prioritise building positive relationships, developing social-emotional capabilities, wellbeing for all, creating supportive learning environments, and establishing fair, democratic systems across their community.

Parents and carers attending this seminar can expect to learn:

- The foundations of Restorative Practice;
- What Restorative Practice looks like in schools;
- The benefits of using restorative practices; and
- How families can use restorative approaches at home to build resilience and enhance parent-child relationships.



This seminar is delivered by Kristy Elliott. Kristy holds a Bachelor of Education and a Masters in Applied Positive Psychology. Kristy is an experienced teacher and consultant, having worked for over two decades with schools in Australia and Asia making a positive difference in the lives of young people, educators, and school communities.

Kristy is founder and director of Melbourne-based business Restorative Pathways. She passionately supports schools to create relational, thriving school cultures using the science of wellbeing, and restorative approaches to relationship management.